



Grand Haven

Breakfast Menu

Breakfast served from 7:00am-8:30am

Grade "A" Pasteurized Eggs Made to Order:

Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

Breakfast Beverages:

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim

Juice: Cranberry, Grape, Orange, or Prune

Dinner Menu



Dinner served from 4:00pm-5:30pm

Sunday: Tuna Casserole or Hot Dog

Baked Beans or Peas

Fruit Cup

Monday: Chicken & Potatoes or

Fish Filets

Beets in Orange Sauce, Coleslaw

Fruit Cup or Bread

Tuesday: Grilled Cheese or Sloppy Joe

Spinach & Bacon Salad

Chips, Chilled Pears

Wednesday: Marinated Pork Fillet or

Cold Cut Sandwich

Seasoned Potato Rounds

Mandarin Oranges

Thursday: BBQ Meatballs or

Cheeseburger

Sweet Potato Wedges

Pasta Salad or Chilled Fruit

Friday: Hot Ham & Cheese Sandwich

Chef Salad, Chips

Peaches

Saturday: Autumn Chicken Salad or

Italian Goulash

Applesauce, Bread Dippers

Dinner Beverages: Coffee, Milk (skim or 2%), Iced or Hot Tea, Lemonade, Hot Chocolate

All dinners served with homemade soup of the day

Second Servings or Toasted Cheese Sandwich Available by Request

Week 1





Grand Haven

Lunch Menu

Lunch served from 11:00am-12:30pm

Sunday: Roast Beef *or* Baked Chicken Breast

Mashed Potatoes with Gravy, Glazed Carrots, Veggie Blend
Roll, Pie

Monday: Apple Crusted Pork Chop *or* Beef Minute Steak

Mashed Potatoes with Gravy, Green Beans, Mixed Vegetables
Bread, Pumpkin Earthquake Cake

Tuesday: Maple Glazed Meatloaf *or* Roast Turkey

Mini Baker Potatoes, Stuffing, Cranberry Sauce, Vegetables
Bread, Peanut Butter Cup Blondie

Wednesday: Chicken Breast Cordon Bleu *or* Roasted Pork

Mashed Potatoes with Gravy, Nutty Barley Bake, Broccoli
Bread, Boston Cream Poke Cake

Thursday: Baked Ravioli with Marinara *or*

Open Faced Roast Beef Sandwich
Mashed Potatoes with Gravy, Green Beans
Garlic Toast, Apple Pear Walnut Crisp

Friday: Salmon Florentine *or* Baked Ham

Parmesan Rice, California Medley, Vegetable Blend
Bread, Chocolate Texas Sheet Cake

Saturday: Minute Steak with BBQ *or* Tacos

Au Gratin Potatoes, Corn, Refried Beans
Bread, Cherry Pie Crumb Bar

*All lunch served with homemade soup of the day & two cold salad options
Second Servings or Toasted Cheese Sandwich Available by Request*



Week 1