

www.grandhavenretirement.com 563-285-4900  
 201 E. Franklin St. Eldridge, IA

# October

# 2020



MAKING SOME TASTY  
 APPLE PIE APPLES



On one mystic, magic night,  
 Jack O Lanterns glowing bright,  
 kids with bags of candy sweet,  
 roam door to door and street to street,  
 all dressed up for trick or treat!

Wizards with wands, pirates with hooks,  
 monsters and clowns with spooky looks,

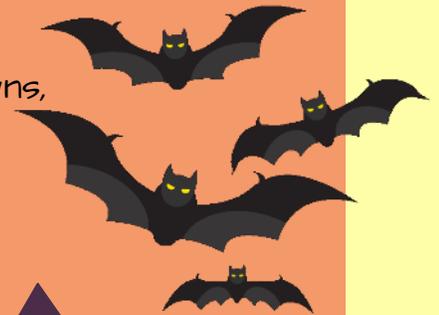
kings and queens with capes and crowns,  
 a princess in her royal gown,

witches with warts and fairies with wings  
 movies stars with sparkling rings,

vampires with fangs that bite, ghost that boo all  
 dressed in white. Imaginations taken flight,

on that one mystic, magic night. Oh, the fun of  
 Halloween, be young or old or in between!

By Patricia L. Cisco

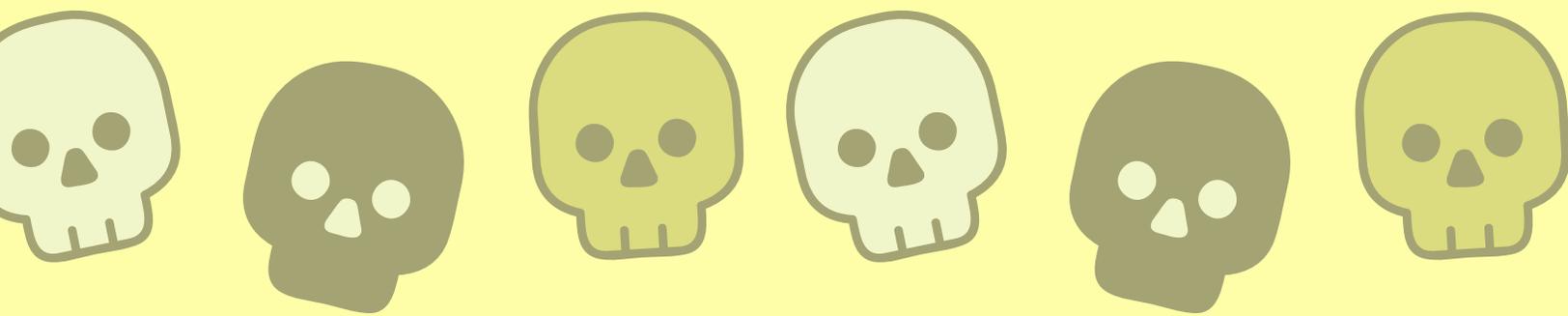


Welcome to Grand Haven



CAROL & HOWARD VENDEN

ALBERTA BURNICK



## **Prevention of Respiratory Influenza**

Respiratory Influenza (flu) is a contagious disease that spreads around the United States every winter, usually between October and May. Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact. People with health problems have a higher chance of getting sick with the flu virus. Symptoms can include: fever/chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose.

It is possible to have flu, as well as other respiratory illnesses, and COVID-19 at the same time. Health experts are still studying how common this can be. Some of the symptoms of flu and COVID-19 are similar, making it hard to tell the difference between them based on symptoms alone.

### Prevention should include:

- CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses.
- Good hand washing every time before and after you eat and after blowing your nose, handling garbage, going to the bathroom, or are in public areas.
- Try to avoid close contact with any people, but especially those who show symptoms. If you are unable to socially distance yourself, then wear a mask.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Clean and disinfect surfaces and objects (purses, cell phones, credit cards) that may be contaminated with germs like the flu.

Visit CDC's website at [www.cdc.gov/flu](http://www.cdc.gov/flu) for more information



The background features several decorative elements: three stylized skulls in shades of green and grey at the top, a large black spiderweb in the upper right corner with a spider on it, and a small black spider hanging from a thread in the middle right. A white ghost with yellow eyes and a jagged mouth is on the left, pointing towards the text.

## Spotlight on Senior

Larry Lee Crotty is a man of few words, but even without them you get a sense of his strength and character.

“Are you ready for this interview?” I asked.

“Yep,” gruffed Larry with a smirk.

Larry was raised in Belmont, Iowa.

He lived on a farm with his parents and two brothers

(one older, and one younger.) “We farmed a little bit of everything,” Larry said. He went on to list some plants and animals they had over time at the farm. “I also played sports, football and stuff, with my older brother. We all went to school in Belmont.”

At that same school Larry would meet the love of his life, Jaloice. When asked how they met, Larry responded, “well we grew up together.” He smiled. “She was my best friend.” The two would marry after school and raise four wonderful daughters.

Larry enlisted and served in the Navy for four years. Afterwards he returned to Belmont with Jaloice and they began a new chapter of their lives. He recalls that Jaloice was a librarian, “and she loved what she did, every day.” Jaloice worked for the Scott County Library System for over thirty years, until she retired in 2007! “I worked a variety of jobs after the Navy,” Larry said. When asked if he liked any of them more than others, he did say that he enjoyed working in a garage. “And we camped, our family.” Larry lit up and got animated when talking about camping trips he took with Jaloice and the girls, before taking a long sip of coffee and composing himself again.

Larry joined the Grand Haven community in March of 2020. When asked how the move was, he gave a deep sigh. “The people are great here. It’s been great. It’s just been a bit of a rough year overall.” The month preceding the move, sadly, Jaloice passed away. Whenever her name was mentioned during our interview Larry couldn’t hide a smile. “Everybody loved her. She was wonderful.” Larry says that the staff and residents at Grand Haven have made him feel welcomed though throughout the last few months.

Larry can usually be found walking outside of the building in the morning, out front or in the courtyards. He’s a sturdy man who always looks very contemplative, but as I’m writing this I can’t help but smile thinking about the quick moments like when he mentions family camping or Jaloice and him growing up together and you see his eyes light up with joy.





# Staff Anniversaries

Plenty of smiling faces  
for Hallway Happy Hour

# October Birthdays

- Brittany H. .... 1 yr
- Jennifer A. .... 1 yr
- Stephanie C. .... 1 yr
- Aurora G. .... 1 yr
- Olivia J. .... 1 yr
- Chastity P. .... 1 yr
- Cyndi K. .... 2 yrs
- Deana W. .... 10 yrs



- Josie Lindell (staff) .... Oct. 1st
- Rose Ewoldt .... Oct. 2nd
- Masie Knutsen (staff) .... Oct. 2nd
- Lucille Barker .... Oct. 4th
- Grace Hansel (staff) .... Oct. 7th
- Katherine Wright (staff) .... Oct. 7th
- Hannah Schipper (staff) .... Oct. 11th
- Charlotte Rock .... Oct. 12th
- Harold Russell .... Oct. 14th
- Dorothy Goettsch .... Oct. 16th
- Steve Spahn (staff) .... Oct. 17th
- Derb Ganzer .... Oct. 18th
- Mackenzie Bohr .... Oct. 20th
- Joan Lass .... Oct 20th
- Joy Farley .... Oct 24th
- Lu Wiese .... Oct. 29th



WE HAD A BEAUTIFUL DAY FOR OUR  
LABOR DAY CAR SHOW



MAKING TASTY  
CANDY CORN-  
ON-THE-COB!

