

## Frank Haven September 2024

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Established by NCAL in 1995, National Assisted Living Week (NALW) will be held Sept. 8-14, 2024. 'Inspiring Generations' encourages assisted living communities around the country to host a variety of events that honor the individuals who reside, work, and volunteer in these communities and celebrate the bonds developed between different generations.

The pandemic wave across the world has put everyone in unprecedented times and roadblocks. But the entire senior assisted living community had to continue with action and their presence simply for the safety of elders. Even at Grand Haven, the goal has always been to perfect the basics of healthy living for our residents. Be it fresh, seasonal, and locally sourced food, keeping them connected with community events, or indulging in the simple joys of life with our bus trips. The motto is to manage and improve their health by getting these basics right. We create moments for every occasion and include the team and residents at every step of our journey. Happy Assisted Living Week is only a highlighted version of what we strive to do the entire year – spread happiness and seize every moment.

### Welcome to Grand Haven



**Ray Boeding** 

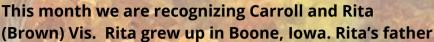








# Serier on Spotlight Spotlight





worked on the railroad as a Fireman & Engineer and Rita's mother was a vocational nurse who worked as a private sitter for people who needed that service in the hospital. Rita had 4 siblings, but says they were almost 2 families because of the years separating them. The first 2 siblings were born within 5 years of each other however the last 2 were born 9 and then 5 years later. The older siblings were so thrilled to get babies to hold, love and play with. That was one of her favorite memories and still is. They also loved taking the train to see their grandparents. They enjoyed playing in the barn, which was a complete no-no, but somehow they managed it. Rita attended her schooling at Sacred Heart School. Rita made lifelong friends as most of us do who attended school together for 12 years. Carroll was born in Sully, IA but at the age of 10 moved to Pella, IA. Carroll's dad was a barber and his mom worked at Central College in Pella as a cook. Carroll had 2 sisters and his favorite memories from childhood are being loved and helped by mom & dad. Carroll attended grade school in Sully and then continued his education and graduated from Pella. He went on and attended Central College at Pella and Iowa City for his masters degree in Guidance and Counseling. Carroll and Rita were introduced by Rita's college roommate. Carroll & Rita both said it was love at first sight. Their first date was to see the play "Pygmalion". They married 3 years later in June of 1962. They have 3 children, Lisa, Mike & Tracy and ironically the first 2 have the same birthday 2 years apart and their last born 1 year later. 3 kids in 3 years. Whew!! Tracy unfortunately passed away 9 years ago due to cancer. After Carroll got his masters they moved to Eldridge where he worked at North Scott High School and Rita worked as an RN at Mercy Hospital and Genesis Hospital in Obstetrics & Pediatrics. Rita then started teaching at Scott Community College in 1973 until retirement in 2000. Their favorite memories are spending time with the family at Lake Okoboji reliving the things they loved as children and also visiting Rita's sister at Lake of the Ozarks. Carroll and Rita have 8 grandchildren and 2 great grandchildren. They enjoy being with them and helping them. They love the friendliness of Grand Haven, that no one is a stranger for long, the activities planned are wonderful along with the bus trips. They would highly recommend living here when the time is right.







### September Birthdays

**Dorothy Danielson** 5th **Nancy Link-Dolphin** 6th **Shirley Benson** 6th Phyllis Goldensoph 7th Glenn Hedrick 10th **Dorothy Marten** 11th 12th Lois Wilson **Harmony Hansel (staff)** 12th 14th **Marissa Carlton (staff) Ginger Arp** 16th 21st **Lois Larson** Lisa Collins (staff) 21st **Lloyd McGrath** 22nd Marie Marshall 24th Felicity Underwood (staff) 28th



#### Staff Anniversaries

5 <u>years</u>
Emily Justice Scott

<u>4 years</u>

Rebecca Littig

3 years

Marissa Carlton

Lisa Garnica

Nicole Ward

2 years

Joe Praught









