



## Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order  
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

### Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

## Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

**Sunday:** Tuna Mac & Cheese or Mini  
Corn Dogs, Green Beans, Bread &  
Margarine, Peaches

**Monday:** Taco Salad or Scalloped  
Potatoes & Ham & Mixed Vegetables,  
Peanut Butter Cookie

**Tuesday:** Open Face Hot Turkey  
Sandwich or Cheddarwurst on Bun,  
Mashed Potatoes & Gravy, Creamy  
Coleslaw, Winter Fruit Cup

**Wednesday:** Manicotti With  
Meatsauce or Creamed Turkey Biscuit, Toss  
Salad with Dressing, Garlic Cheese Bread and  
Chocolate Chip Cookie

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese  
Sandwich Available by Request*

**Thursday:** Baked Chicken Legs or  
Hamburger on Bun With Tater Tots,  
Carrots, Chilled Fruit Cup

**Friday:** Bratwurst on Bun or Catfish  
Nuggets with Toss Salad & Dressing,  
Corn, Peaches, Brownie

**Saturday:** Egg Salad Sandwich or  
Chef Salad with Crackers, Potato  
Chips, Mandarin Oranges.



## Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

- Sunday:** Cherry Bourbon Glazed Ham or Baked Chicken, Cheesy Mashed Potatoes, Vegetable Blend, Roll and Margarine
- Monday:** Autumn Chicken Breast or Classic Meatloaf with Mashed Potatoes and Beef Gravy, Hot Spiced Beets, Banana Split Dessert
- Tuesday:** Spaghetti with Meat sauce or Stuffed Chicken with Baked Potato and Margarine, Seasonal Vegetable
- Wednesday:** Apple Butter Pork Loin or Breaded Fish Fillet, Candied Sweet Potatoes, Buttered Peas, Bread & Margarine, Candy Bar Blondie
- Thursday:** Swiss Steak with Gravy over Garlic Mashed Potatoes or Baked Pork Chop, Scandinavian Vegetables, Bread & Margarine, Apple Pear Walnut Crisp
- Friday:** Sauteed Shrimp or Country Fried Steak with Mashed Potatoes & Country Gravy, Broccoli, Layered Red Velvet Cake
- Saturday:** BBQ Chicken or Pork Tenderloin on Bun, Roasted Ranch Potatoes, Mixed Vegetables, Bread & Margarine, Autumn Gelatin.

*All lunch served with homemade soup of the day & a homemade salad.*  
*Second servings or Toasted Cheese Sandwich Available by Request.*

Week 1

## Breakfast Menu

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Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

## Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

**Sunday:** Dijon Hot Ham & Cheese  
Slider or Swedish Meatballs, Potato  
Chips, Green Beans & Butterscotch  
Cookies

**Monday:** Goulash or Deli Sandwich,  
Toss Salad with Dressing, Garlic Toast,  
Chilled Fruit

**Tuesday:** Chicken Stuffing Bake or  
Hushpuppy Fish Filets, Corn &  
Cookie

**Wednesday:** Marinaded Pork  
Tenderloin on Bun or Pizza Burger  
with Vegetable Blend, French Fries &  
Mandarin Oranges

**Thursday:** Hamburger Noodle  
Stroganoff or Cheesy Egg Casserole  
with Biscuits & Gravy Casserole, FF  
Green Beans, Peaches

**Friday:** Cheesy Tater Tot Meatloaf or  
Chef Salad with Crackers, Mixed  
Vegetables, Bread with Margarine and  
Cookie

**Saturday:** Creamed Chicken Biscuit or  
Cheeseburger on Bun with Potato  
Chips, Creamy Coleslaw &  
Applesauce

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese  
Sandwich Available by Request.*



## Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

- Sunday:** Roast Turkey or BBQ Ribs with Mashed Potatoes, Stuffing, Gravy, Carrots, Roll & Margarine, Pie
- Monday:** Apple Butter Pork Loin or Autumn Chicken Breast, Scalloped Potatoes, Maple Glazed Squash, Bread & Margarine, Caramel Brownie
- Tuesday:** Baked Reuben Casserole or Swiss Steak with Tomatoes, German Potato Salad, Mixed Vegetables, Smore's Pudding Dessert
- Wednesday:** Chicken Parm Alfredo or Baked Pork Chop with Mashed Potatoes & Gravy, Garlic Buttered Vegetables, Garlic Toast, Angel Food Cake with Strawberries
- Thursday:** Beef Pot Roast or Chicken Fried Chicken with Country Gravy, Mashed Potatoes & Gravy, Carrots, Boston Cream Cake
- Friday:** Tuna Casserole or Salisbury Steak with Mashed Potatoes & Gravy, Broccoli, Bread & Margarine, Chocolate Butterscotch Bar
- Saturday:** Open Face Hot Turkey Sandwich or Baked Ham, Sour Cream Mashed Potatoes, Mixed Vegetables & Cake Roll

*All lunch served with homemade soup of the day & a homemade salad.  
Second Servings or Toasted Cheese Sandwich Available by Request.*



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Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

### Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

## Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

**Sunday:** Grilled Cheese Sandwich or  
Catfish Nuggets with Tater Tots, Fritos  
Corn Chips, Winter Fruit Cup

**Monday:** Chicken & Rice Casserole or  
Hot Dog on Bun with French Fries,  
Wax Beans, Chilled Fruit

**Tuesday:** Smoked Sausage or Breaded  
Chicken Filet on Bun, Scalloped Potatoes,  
Vegetable Blend, Bread & Margarine,  
Butterscotch Pudding

**Wednesday:** Teriyaki Beef Noodle  
Bowl or Grilled Cheese Sandwich, Broccoli,  
Sesame Breadstick, Mandarin  
Oranges

**Thursday:** Sloppy Joe Sliders or  
Scalloped Ham & Potatoes &  
Vegetable Blend, Tater Tots, Peaches,  
Cookie

**Friday:** Chicken Club Salad or  
Cheeseburger on Bun with Potato  
Chips, Chocolate Pudding

**Saturday:** Breaded Pork Fritter or  
Hot Ham & Cheese Sandwich,  
Mashed Potatoes & Country Gravy,  
Mixed Vegetables, Peaches

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese  
Sandwich Available by Request.*



## Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

**Sunday:** Country Fried Steak or BBQ Chicken, Mashed Potatoes with Country Gravy, Scandinavian Vegetables, Roll & Margarine, Pie

**Monday:** Roast Turkey or Beef Cubes in Mushroom Sauce, Cheesy Corn, Mashed Potatoes & Gravy, Apple Cranberry Stuffing, Chocolate Chip Cookie Bar

**Tuesday:** Apple Butter Pork Chops or Rib Patty, Mashed Potatoes & Gravy, Mixed Veg. & Butterfinger Cake

**Wednesday:** Glazed Ham Balls or Baked Fish, Cheesy Party Potatoes, Carrots, Bread & Margarine, Caramel Apple Dessert

**Thursday:** Baked Swiss Chicken or Salisbury Steak, Yams, Green Beans, Bread & Margarine, Cherry Crisp

**Friday:** Salmon Loaf with Dill Sauce or Open Face Hot Turkey Sandwich with Baked Potato & Margarine, Cabbage Cheddar Bake, Sour Cream Raisin Bars

**Saturday:** Lasagna or Chicken Tenders with Mashed Potatoes, Buttered Peas, Garlic Toast, Apple Spice Cake with Cinnamon Cream Cheese Frosting

*All lunch served with homemade soup of the day & a homemade salad. Second Servings or Toasted Cheese Sandwich Available by Request.*



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Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

### Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

## Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

**Sunday:** Ham & Noodle Casserole or  
Swedish Meatballs with Buttered  
Noodles, Broccoli, Bread & Margarine  
and Applesauce

**Monday:** Hamburger on Bun or Country  
Fried Chicken Salad, Potato Chips,  
Corn, Cookie

**Tuesday:** Grilled Cheese Sandwich or  
Scalloped Potatoes & Ham, Peaches

**Wednesday:** Pulled Pork on Bun, Mini  
Corn Dogs with Macaroni & Cheese,  
Tater Tots, Green Beans, Tapioca Pudding

**Thursday:** Turkey Stuffing Bake or  
Cold Cut Sandwich, Scandinavian  
Vegetables, Mandarin Oranges

**Friday:** Vegetable Beef Stew or  
Chicken Tenders with Broccoli,  
Cornbread with Margarine, Chilled  
Fruit & Cookie

**Saturday:** Chicken & Noodles or  
Hamburger on Bun with Potato Chips,  
Corn, Fruit

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese  
Sandwich Available by Request.*



## Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

**Sunday:** Fried Chicken or Ham Loaf with Pineapple Sauce, Mashed Potatoes with Chicken Gravy, Harvard Beets, Roll & Margarine, Pie

**Monday:** Manicotti with Meat sauce or Oven Roast Turkey & Baked Potato & Margarine, Green & Gold Beans, Garlic Toast, Boston Cream Cake

**Tuesday:** Roast Beef or Baked Pork Chop, Mashed Potatoes with Beef Gravy, Roasted Butternut Squash, Bread with Margarine, Chocolate Mint Brownie

**Wednesday:** Sesame Chicken or Hushpuppy Fish Filets, Fried Rice, Vegetable Blend, Breadstick, Apple Pear Walnut Crisp

**Thursday:** Meatloaf or Bratwurst on Bun, Baked Potato with Margarine, Carrots, Bread with Margarine, Bread Pudding

**Friday:** Fish & Chips or BBQ Rib Patty with Macaroni & Cheese, Buttered Peas, Cherry Poke Cake

**Saturday:** Crispy Onion Cube Steak or Tuna Casserole, Mashed Potatoes with Beef Gravy, Mixed Vegetables, Bread & Margarine, M&M Rice Krispie Square

*All lunch is served with homemade soup of the day & a homemade salad. Second Servings or Toasted Cheese Sandwich Available by Request.*





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Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

### Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

## Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

**Sunday:** Taco Salad or Cold Cut Sandwich, Mandarin Oranges, Orange Fluff

**Monday:** Ham Salad Sandwich or Tater Tot Casserole with Carrots, Toss Salad with Dressing, Cinnamon Applesauce

**Tuesday:** Hawaiian Meatballs or Chicken Breast Tenders with Vegetable Blend, Fried Potatoes & Onions, Mandarin Oranges

**Wednesday:** Ghoulish or Chef Salad, Breadstick, Cookie

**Thursday:** BBQ Rib Sandwich or Cheeseburger on Bun with Baked Beans, Fritos Corn Chips, Chocolate Pudding

**Friday:** Open Hot Turkey Sandwich or Catfish Nuggets with Tater Tots, Corn, Cookie

**Saturday:** Chili or Hot Dog on Bun with Potato Chips, Garlic Toast, Toss Salad with Dressing and Chilled Fruit

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese Sandwich Available by Request.*



## Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

**Sunday:** BBQ Ribs or Roast Turkey, Sweet Potatoes & Apples, Broccoli, Roll with Margarine, Pie

**Monday:** Swedish Meatballs or Baked Fish, Cheesy Party Potatoes, Scandinavian Vegetables, Bread & Margarine, Cranberry Oat Square

**Tuesday:** Turkey Tetrazzini or Country Fried Steak with Mashed Potatoes & Country Gravy, Buttered Peas, Bread with Margarine, Chocolate Cherry Dessert

**Wednesday:** Herb Baked Chicken or Swiss Steak with Tomatoes & Noodles, Mashed Potatoes with Chicken Gravy, Green Beans, Bread with Margarine, Pecan Pie Bar

**Thursday:** French Dip or Baked Chicken Drumstick with Baked Potato & Margarine, Toss Salad with Dressing, Chocolate Texas Sheet Cake

**Friday:** Baked Fish or Baked Ham, Baked Potato with Margarine, Vegetable blend, Bread with Margarine, Pumpkin Pie Smores

**Saturday:** Stuffed Chicken Breast or Sloppy Joe on Bun with Tater Tots, Herbed Rice, Candied Carrots, Bread with Margarine, Blueberry Bar

*All lunch served with homemade soup of the day & a homemade salad. Second Servings or Toasted Cheese Sandwich Available by Request.*