



Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links

Choice of Bread (2 pieces): Wheat White Raisin

Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal

Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate

Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

Sunday: Tuna Mac & Cheese or Mini
Corn Dogs, Green Beans, Bread &
Margarine, Peaches

Monday: Taco Salad or Scalloped
Potatoes & Ham & Mixed Vegetables,
Peanut Butter Cookie

Tuesday: Open Face Hot Turkey
Sandwich or BBQ Rib Patty,
Mashed Potatoes & Gravy, Creamy
Coleslaw, Winter Fruit Cup

Wednesday: Swedish Meatballs or Creamed
Turkey Biscuit, Toss Salad/Dressing, Buttered
Noodles, Chocolate Chip Cookie

Thursday: Baked Chicken Legs or
Hamburger on Bun With Tater Tots,
Carrots, Chilled Fruit Cup

Friday: Bratwurst on Bun or Catfish
Nuggets with Toss Salad & Dressing,
Corn, Peaches, Brownie

Saturday: Egg Salad Sandwich or
Chef Salad with Crackers, Potato
Chips, Mandarin Oranges.

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese
Sandwich Available by Request*

Week 1



Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

Sunday: Cherry Bourbon Glazed Ham or Baked Chicken,
Cheesy Mashed Potatoes, Vegetable Blend, Roll and
Margarine, Pie

Monday: Autumn Chicken Breast or Classic Meatloaf
with Mashed Potatoes and Beef Gravy,
Hot Spiced Beets, Banana Split Dessert

Tuesday: Spaghetti with Meat sauce or Stuffed Chicken with
Baked Potato and Margarine, Seasonal Vegetable
Garlic Toast, Pineapple Upside Down Cake

Wednesday: Apple Butter Pork Loin or Breaded Fish Fillet,
Candied Sweet Potatoes, Buttered Peas, Bread &
Margarine, Candy Bar Blondie

Thursday: Swiss Steak with Gravy over Garlic Mashed Potatoes
or Baked Pork Chop, Scandinavian Vegetables,
Bread & Margarine, Apple Pear Walnut Crisp

Friday: Seafood Pasta Alfredo Bake or Country Fried
Steak with Mashed Potatoes & Country Gravy, Broccoli,
Layered Red Velvet Cake

Saturday: BBQ Chicken or Pork Tenderloin on Bun, Roasted
Ranch Potatoes, Mixed Vegetables, Bread &
Margarine, Autumn Gelatin.

All lunch served with homemade soup of the day & a homemade salad.

Second servings or Toasted Cheese Sandwich Available by Request.

Week 1



Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links
Choice of Bread (2 pieces): Wheat White Raisin
Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal
Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate
Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

Sunday: Dijon Hot Ham & Cheese
Slider or Macaroni & Cheese, Potato
Chips, Green Beans & Butterscotch
Cookies

Monday: Goulash or Deli Sandwich,
Toss Salad with Dressing, Garlic Toast,
Chilled Fruit

Tuesday: Chicken Stuffing Bake or
Hushpuppy Fish Filets, Corn & Cranberry
Sauce, Cookie

Wednesday: Bratwurst Burger or Chicken &
Vegetable Pot Pie W/ Flakey Crust, Vegetable
Blend, French Fries, Mandarin Oranges

Thursday: Hamburger Noodle
Stroganoff or Grilled Cheese Sandwich ,
Green Beans, Peaches

Friday: Glazed Meatloaf or Ham Salad
Sandwich with Mixed Vegetables,
Bread/Margarine, Cookie

Saturday: Creamed Chicken Biscuit or
Cheeseburger on Bun with Tater Tots, Creamy
Coleslaw & Applesauce

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese
Sandwich Available by Request*

Week 2



Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

Sunday: Roast Turkey or BBQ Ribs with Mashed Potatoes, Stuffing, Gravy, Carrots, Roll & Margarine, Pie

Monday: Caribbean Jerk Pork Loin or Autumn Chicken Breast, Scalloped Potatoes, Maple Glazed Squash, Bread & Margarine, Caramel Brownie

Tuesday: Baked Reuben Casserole or Swiss Steak with Tomatoes, German Potato Salad, Mixed Vegetables, Smore's Pudding Dessert

Wednesday: Chicken Parm Alfredo or Baked Pork Chop with Mashed Potatoes & Gravy, Garlic Buttered Vegetables, Garlic Toast, Angel Food Cake with Strawberries

Thursday: Beef Pot Roast or Chicken Fried Chicken with Country Gravy, Mashed Potatoes & Gravy, Carrots, Boston Cream Cake

Friday: Tuna Casserole or Salisbury Steak with Mashed Potatoes & Gravy, Broccoli, Bread & Margarine, Chocolate Butterscotch Bar

Saturday: Open Face Hot Turkey Sandwich or Baked Ham, Sour Cream Mashed Potatoes, Mixed Vegetables & Cake Roll

*All lunch served with homemade soup of the day & a homemade salad.
Second servings or Toasted Cheese Sandwich Available by Request.*

Week 2



Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links
Choice of Bread (2 pieces): Wheat White Raisin
Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal
Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate
Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

Sunday: Grilled Cheese Sandwich or
Catfish Nuggets with Tater Tots, Fritos
Corn Chips, Winter Fruit Cup

Monday: Chicken & Rice Casserole or
Hot Dog on Bun with French Fries,
Veggies, Chilled Fruit

Tuesday: Baked Ziti W/ Garlic Toast or Breaded
Chicken Filet on Bun, Parmesan Cheese,
Vegetable Blend, Butterscotch Pudding

Wednesday: Teriyaki Beef Noodle
Bowl or Creamed Turkey Biscuit, Broccoli,
Breadstick, Mandarin Oranges

Thursday: Sloppy Joe Sliders or
Scalloped Ham & Potatoes &
Vegetable Blend, Tater Tots, Peaches,
Cookie

Friday: Baked Spaghetti Pie or
Cheeseburger on Bun with Potato
Chips, Chocolate Pudding

Saturday: Breaded Pork Fritter or
Dr. Pepper Meatballs,
Mashed Potatoes & Country Gravy,
Mixed Vegetables, Peaches

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese
Sandwich Available by Request*

Week 3



Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

Sunday: Country Fried Steak or BBQ Chicken, Mashed Potatoes with Country Gravy, Scandinavian Vegetables, Roll & Margarine, Pie

Monday: Roast Turkey or Beef Cubes in Mushroom Sauce, Cheesy Corn, Mashed Potatoes & Gravy, Apple Cranberry Stuffing, Chocolate Chip Cookie Bar

Tuesday: Open Faced Hot Pork Sandwich or Baked Chicken Thighs, Mashed Potatoes & Gravy, Mixed Veg. & Butterfinger Cake

Wednesday: Ham Loaf W/ Pineapple Sauce or Baked Fish, Cheesy Party Potatoes, Mixed Veggies, Bread & Margarine, Caramel Apple Dessert

Thursday: Baked Swiss Chicken or Salisbury Steak, Yams, Green Beans, Bread & Margarine, Cherry Crisp

Friday: Salmon Loaf with Dill Sauce or Open Face Hot Turkey Sandwich with Baked Potato & Margarine, Cabbage Cheddar Bake, Sour Cream Raisin Bars

Saturday: Lasagna or Chicken Tenders with Ranch Steak Fries, Buttered Peas, Garlic Toast, Apple Spice Cake with Cinnamon Cream Cheese Frosting

*All lunch served with homemade soup of the day & a homemade salad.
Second servings or Toasted Cheese Sandwich Available by Request.*

Week 3



Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links
Choice of Bread (2 pieces): Wheat White Raisin
Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal
Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate
Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

Sunday: Ham & Noodle Casserole or
Swedish Meatballs with Buttered
Noodles, Broccoli, Bread & Margarine
and Applesauce

Monday: Hamburger on Bun or 5-Star
Chicken Salad Salad, Ranch Tater Tots, Corn,
Cookie

Tuesday: Creamed Chipped Beef or
Scalloped Potatoes & Ham, Peaches

Wednesday: Pulled Pork on Bun, Mini
Corn Dogs with Macaroni & Cheese,
Tater Tots, Green Beans, Tapioca Pudding

Thursday: Turkey Stuffing Bake or
Cold Cut Sandwich, Scandinavian
Vegetables, Mandarin Oranges

Friday: Vegetable Beef Stew or
Chicken Tenders with Ranch Steak Fries,
Cornbread with Margarine, Chilled
Fruit & Cookie

Saturday: Chicken & Noodles or
Hamburger on Bun with Potato Chips,
Corn, Fruit

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese
Sandwich Available by Request*

Week 4



Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

Sunday: Fried Chicken or Ham Loaf with Pineapple Sauce,
Mashed Potatoes with Chicken Gravy, Harvard Beets,
Roll & Margarine, Pie

Monday: Manicotti with Meat sauce or Oven Roast Turkey &
Baked Potato & Margarine, Mixed Veggies, Garlic Toast
Boston Cream Cake

Tuesday: Roast Beef or Baked Pork Chop, Mashed Potatoes
with Beef Gravy, Roasted Butternut Squash, Bread
with Margarine, Chocolate Mint Brownie

Wednesday: Sesame Chicken or Hushpuppy Fish Filets, Fried
Rice, Vegetable Blend, Breadstick, Apple Pear
Walnut Crisp

Thursday: Meatloaf or Bratwurst on Bun, Baked Potato with
Margarine, Carrots, Bread with Margarine, Bread
Pudding

Friday: Fish & Chips or Apple Butter BBQ Ribs with Macaroni &
Cheese, Buttered Peas, Cherry Poke Cake

Saturday: Crispy Onion Cube Steak or Glazed Pork Loin,
Mashed Potatoes with Beef Gravy, Mixed Vegetables,
Bread & Margarine, M&M Rice Krispie Square

*All lunch served with homemade soup of the day & a homemade salad.
Second servings or Toasted Cheese Sandwich Available by Request.*

Week 4



Breakfast Menu

Breakfast served from 7:00 AM - 8:30 AM

Grade "A" Pasteurized Eggs Made to Order
Scrambled Sunnyside Over Easy Over Hard

Choice of Meat (2 pieces): Bacon or Sausage Links
Choice of Bread (2 pieces): Wheat White Raisin
Cereal: Cheerios Rice Krispies Corn Flakes Oatmeal
Fruit: Banana Orange

Breakfast Beverages

Hot: Coffee, Green or Black Tea, Hot Chocolate
Milk: 2% or Skim Juice: Cranberry, Grape, Orange, or Prune.

Dinner Menu

Dinner served from 4:00 PM to 5:30 PM

Sunday: Taco Salad or Cold Cut
Sandwich, Mandarin Oranges, Orange
Fluff

Monday: Ham Salad Sandwich or Tater
Tot Casserole with Carrots, Toss Salad
with Dressing, Cinnamon Applesauce

Tuesday: Hawaiian Meatballs or
Chicken Breast Tenders with Vegetable
Blend, Fried Potatoes & Onions,
Mandarin Oranges

Wednesday: Goulash or Chef Salad,
Breadstick, Cookie

Thursday: BBQ Rib Sandwich or
Cheeseburger on Bun with Baked
Beans, Fritos Corn Chips, Chocolate
Pudding

Friday: Open Hot Turkey Sandwich
or Catfish Nuggets with Tater Tots, Cranberry
Sauce, Corn, Cookie

Saturday: Chili or Hot Dog on Bun
with Potato Chips, Garlic Toast,
Toss Salad with Dressing and Chilled
Fruit

*All dinners served with homemade soup of the day. Second Servings or Toasted Cheese
Sandwich Available by Request*

Week 5



Lunch Menu

Lunch served from 11:00 AM - 12:30 PM

Sunday: BBQ Ribs or Roast Turkey, Sweet Potatoes & Apples,
Broccoli, Roll with Margarine, Pie

Monday: Swedish Meatballs or Breaded Fish Sandwich, Cheesy Party
Potatoes, Scandinavian Vegetables, Bread &
Margarine, Cranberry Oat Square

Tuesday: Turkey Tetrazzini or Country Fried Steak with
Mashed Potatoes & Country Gravy, Buttered Peas,
Bread with Margarine, Chocolate Cherry Dessert

Wednesday: Herb Baked Chicken or Swiss Steak with Tomatoes
& Noodles, Mashed Potatoes with Chicken Gravy,
Green Beans, Bread with Margarine, Pecan Pie Bar

Thursday: French Dip or Baked Chicken Drumstick with
Baked Potato & Margarine, Toss Salad with Dressing,
Chocolate Texas Sheet Cake

Friday: Baked Fish or Baked Ham, Cheddar Ranch Scalloped Potatoes
Vegetable blend, Bread with Margarine, Pumpkin Pie S'mores

Saturday: Stuffed Chicken Breast or Sloppy Joe on Bun with
Tater Tots, Herbed Rice, Candied Carrots, Bread with
Margarine, Blueberry Bar

*All lunch served with homemade soup of the day & a homemade salad.
Second servings or Toasted Cheese Sandwich Available by Request.*

Week 5